



SUBJECT & QUALIFICATION: OCR Level 1/Level 2 Cambridge National in Health and Social Care

Why is the study of Health and Social care important?

Health and Social Care is a course that introduces you to the specialist knowledge and skills needed to work in a variety of care settings. Underpinning the qualification, is a focus on core values and communicating with individuals so as to maintain dignity and a sense of being valued. The content covered within this course is not only relevant to everyday life, it also gives you the chance to fully explore and understand the requirements and skills needed to work in a variety of different health and social care and early years settings.

What skills will the study of Health and Social care teach you?

The exam board and specification we follow is OCR Level 1/2 Cambridge Nationals in Health and Social Care. Through the study of this qualification, you will complete a wide variety of units that include both a practical assessment as well as written coursework. The compulsory units allow you to really submerge yourself into a health, social care and early years mindset, enabling them to think like care practitioners as well as act like them. This subject broadens horizons for you and gives a life-time insight into what working in this type of profession really involves.

What will you know and understand from your study of Health and Social care?

Our Cambridge National in Health and Social Care will encourage students to:

- Understand and apply the fundamental principles and concepts of the rights of individuals, person-centred values, effective communication and how to protect individuals in health and social care settings
- Develop learning and practical skills that can be applied to real-life contexts and work situations
- Think creatively, innovatively, analytically, logically and critically
- Develop independence and confidence in using skills that would be relevant to the health and social care sector and more widely

How can you deepen your understanding of Health and Social care?

Throughout the study of this subject, you will have the chance to attend scheduled enrichment sessions within the academy that will be tailored to your needs. Whether that be coursework catch-up or preparation and revision for your exam.

External speakers will visit the academy to further enhance your knowledge and understanding of the key concepts you will learn.



How are you assessed in Health and Social Care ?

There are 6 assessment points each year that we term PraisingSM. We assess how students at their current stage of study are on track to reach their end of stage targets which are formulated on aspirational expectation from their KS2 starting points. We make an informed prediction from our holistic assessments based on our subject mapping of expectation across the Health and Social Care curriculum. Students are assessed through x2 coursework modules that include elements of practical work as well as a written one exam paper which is compulsory through the exam board. Students will first take the exam in June of Y11.

Key Assessment Objectives

Mandatory units;

R032 Principles of care in health and social care settings

R033 Supporting individuals through life events

Optional units;

R034 Creative and therapeutic activities

R035 Health promotion campaigns

PO1: Recall knowledge and show understanding

PO2: Apply knowledge and understanding

PO3: Analyse and evaluate knowledge, understanding and performance

PO4: Demonstrate and apply skills and processes relevant to the subject area

Coursework requirements

R033: Supporting individuals through life events This unit is assessed by a Set Assignment. In this unit you will learn about growth and development through the life stages. You will also learn how to understand the needs of individuals who have been affected by life events and how to recommend support to meet their needs.

Topics include:

- o Topic Area 1 Life stages

- o Topic Area 2 Impacts of life events



o Topic Area 3 Sources of support

R034: Creative and therapeutic activities This unit is assessed by Assignment. In this unit you will research therapies and learn about how they can benefit people. You will also learn about the benefits of creative activities you will plan and deliver a creative activity to a group or individual.

Topics include:

- o Topic Area 1 Therapies and their benefits
- o Topic Area 2 Creative activities and their benefits
- o Topic Area 3 Plan a creative activity for individuals or groups in a health or social care setting
- o Topic Area 4 Deliver a creative activity and evaluate your own performance

R035: Health promotion campaigns This unit is about health promotion campaigns. In this unit students will look at what it means to be healthy, what the barriers are for some people who may not have a healthy lifestyle which then lead to students planning their own individual health promotion campaign.

Topics include:

- o Topic Area 1 Current public health issues and the impact on society
- o Topic Area 2 Factors influencing health
- o Topic Area 3 Plan and create a health promotion campaign
- o Topic Area 4 Deliver and evaluate a health promotion campaign

How can Health and Social care support your future?

This qualification will help students to develop:

- valuable communication skills that are extremely attractive in the modern workplace
- an understanding of the rights of individuals and person-centred values and how to apply these when working with service users
- vital knowledge and understanding of how to protect individuals through infection prevention, safeguarding and safety and security measures
- an understanding of growth and development through the life stages
- an understanding of life events and how to support individuals through them
- transferable skills, such as evaluation, planning, presentation/delivery and research skills.

Study of Health and Social care can lead to a wide range of careers:

Ambulance Service careers

- Careers in pharmacy
- Careers in social care
- Careers in the Allied Health Professions
- Clinical psychologist
- Dental careers



OPEN ELEMENT SUBJECT OVERVIEW

- Healthcare scientist
- Medical career doctor
- Nursing and midwifery
- Optometrist
- Wider healthcare team

Health and Social Care Course Overview		
Term	Year 1	Year 2
Autumn 1	R033 Supporting individuals through life events	R034: Creative and therapeutic activities R035: Health promotion campaigns
Autumn 2	R033 Supporting individuals through life events	R034: Creative and therapeutic activities R035: Health promotion campaigns
Spring 1	R033 Supporting individuals through life events	January submission of coursework unit R032 Principles of care in health and social care settings
Spring 2	R033 Supporting individuals through life events	R032 Principles of care in health and social care settings
Summer 1	May submission of coursework. R034: Creative and therapeutic activities R035: Health promotion campaigns	R032 Principles of care in health and social care settings
Summer 2	R034: Creative and therapeutic activities R035: Health promotion campaigns	R032 Principles of care in health and social care settings Final exam. June Y11