



ASDAN AOPE (Award of Personal Effectiveness): Level 1 and 2

Why is the study of AOPE important?

The Award of Personal Effectiveness is a nationally recognised qualification which has been in place for a number of years.. The qualification supports the variety, difference and unique abilities and skills that each individual learner has. Assessment is based on a portfolio of evidence which is generated over the two years.. The AoPE assessment units encourage the development of the skills required for progression to further education, training or employment, and allow for students to work at a pace and environment that supports a variety of needs

What skills will the study of AOPE teach you?

Over the two years you will develop skills in:

- An introduction to working with others and teamwork
- Planning and reviewing learning
- Dealing with problems in daily life
- Planning and carrying out research
- Group discussions
- Preparing for and giving presentations
- Developing self
- Career exploration

What will you know and understand from your study of AOPE?

Studying AOPE will give you a range of skills to help you move into employability and support your personal development as you transition into Further Education.



OPEN ELEMENT SUBJECT OVERVIEW

How are you assessed in AOPE?

Assessment is based on a portfolio of evidence that is generated over the two year course. Students constantly monitor the development of this portfolio in preparation for assessment.

Key Assessment Objectives

How to plan (setting own goals and targets)

How to manage time effectively

How to reflect on their work and develop further strategies

Coursework requirements

Assessment Criteria		Credit Value
K/501/5143	Team Working	3
H/501/5142	Planning and Reviewing Learning	3
T/600/1241	Dealing with problems in Daily Life	2
F/600/124	Planning and Carrying out research	2
J/600/1244	Group Discussion	1
L/600/1245	Preparing for and Giving a Presentation	2
R/600/1246	Developing Self	2

Study of AOPE can lead to a wide range of careers:

Studying AOPE has many opportunities for students as it presents future employers with the evidence that you are ready to enter the world of work and contribute. The skills that you learn here will be invaluable in integrating into a team and becoming a valuable and trusted member.



OPEN ELEMENT SUBJECT OVERVIEW

AOPE Course Overview		
Term	Year 1	Year 2
Autumn 1	Introduction to Working with Others	Preparing for and giving a presentation
Autumn 2	Introduction to Working with Others	Preparing for and giving a presentation
Spring 1	Planning and reviewing learning	Preparing for and giving a presentation
Spring 2	Dealing with problems in daily life	Developing Self
Summer 1	Dealing with problems in daily life	Developing Self
Summer 2	Group Discussion	