



Physical Education: BTEC Tech Award in Health and Social Care

Why is the study of Health and Social Care important?

Health and social care is one of the fastest growing sectors in the UK with demand for both health and social care employees continuously rising. In 2019/20, the adult social care sector contributed approximately £41.2 billion a year to the UK economy. Social care employees such as care assistants and social workers work with individuals to support them to be as independent as possible in their own homes, in care homes or nursing homes. Healthcare employees, such as doctors, pharmacists, nurses, midwives, healthcare assistants and physiotherapists, work with individuals to enhance their quality of life by improving their health. Approximately 3 million people are currently employed in the sector. In 2019, it was estimated that by 2035 approximately 2.17 million health and social care job vacancies will need to be filled.

What skills will the study of BTEC Health and Social Care teach you?

The BTEC Tech Award in Health and Social Care offers students the opportunity to:

To develop knowledge and technical skills in a practical learning environment. You will also develop key skills relevant to the health and social care sector such as research techniques and how to measure someone's physical health. You will also develop your written communication skills as you create health and wellbeing plans for an individual with specific needs

What will you know and understand from your study of BTEC Health and Social Care?

Everyone taking this qualification will study three components, covering the following content areas:

- Component 1-Human Lifespan and Development gives you the opportunity to study how people grow and develop over the course of their lives, from infancy to old age. You will also look at the factors that may affect growth and development throughout the lifespan, such as life changing events like marriage or death of a partner. You will explore how individuals cope with these changes, as well as investigate the types of support available to help them.
- Component 2- Health and Social Care Services you will investigate common services as well as those for specific needs, and consider how they may work together to meet individuals needs. You will examine the barriers to individuals accessing services and how they may be overcome. You will explore the skills, attributes and values that are required in health and social care, and their importance in making sure that the people who use these services get the care they need.
- Component 3-Health and Wellbeing explores the factors that can have a positive or negative influence on an individual's health and wellbeing. You will learn to interpret physiological and lifestyle indicators, and what they mean for someone's state of health. You will learn how to use this information to design an appropriate plan for improving someone's health and wellbeing, including short- and long-term targets. Additionally, you will explore the difficulties an individual may face when trying to make these changes.



How can you deepen your understanding of Health and Social Care?

- Pearson REVISE BTEC Tech Award Health and Social Care 2022 Revision Guide inc online edition - 2023 and 2024 exams and assessments: (Revise BTEC Tech Award Health and Social Care)
- BTEC Tech Award 2022 Health and Social Care Student Book (BTEC Tech Award Health and Social Care)
- NHS

How are you assessed in BTEC Health and Social Care?

There are three components that you will be assessed in over the 2 years you will study BTEC **Health and Social Care**. You will be assessed through an assessment window called a Pearson Set Assignment (PSA). The PSA is released by Pearson, you will then have time to prepare for each task, and complete each task all in school time.

Component 1 - Human Lifespan Development (Coursework- PSA)

Component 2 - Service and Values in HSC (Coursework- PSA)

Component 3 - Health and Well-being (External exam)

Key Assessment Objectives

The 3 Components in Sport Science are:

Component 1 - Human Lifespan Development

Task 1: PIES growth and development through the life stages

Task 2: Impact of different factors on PIES growth and development through the life stages

Task 3a: Impact of life events on PIES growth and development

Task 3b: How individuals adapt to a life event

Component 2 - Services and Values in HSC

Task 1: Healthcare services

Task 2: Social Care services

Task 3: Barriers to Health or Social Care services

October Half Term

Task 4: Demonstration of skills, attributes and values

Task 5: How those skills, attributes and values can help an individual overcome obstacles



OPEN ELEMENT SUBJECT OVERVIEW

Component 3 - Health and Well-being

Learning Aim A- Factors that affect health and wellbeing

Learning Aim B- Interpreting health indicators

Learning Aim C- Person-centred approach to improving health and wellbeing

Exam and Coursework requirements

- **Component 1 - PSA based coursework tasks**
- **Component 2 - PSA based coursework tasks**
- **Component 3 - External examination**

How can BTEC Health and Social Care support your future?

Once you have completed the qualification, you will have developed a practical understanding of the health and social care sector. You will have built useful skills, which are not generally covered in GCSE courses, and you will have developed a good understanding of whether the health and social care sector is for you, and if so, which part of it you might want to study further. If you decide to go on to further study of health and social care, the best option for you will depend on the grades you have achieved in this and the other qualifications you have taken, and what you enjoy doing. You could progress to a Level 2 Technical Certificate or to a Level 3 programme, such as A Levels, a T Level or a BTEC National, either on its own or in combination with A levels

Study of BTEC Health and Social Care can lead to a wide range of careers:

- Nursing (all types)
- Social Work
- Teaching
- Public Health
- Therapist
- Residential care work
- Dietician
- Speech and Language therapist
- Paramedic
- Art therapist
- Occupational therapist
- And many more!



Health and Social Care Course Overview		
Term	Year 1	Year 2
Autumn 1	Component 1	Component 2- PSA
Autumn 2		
Spring 1	Component 1- PSA	Component 3- Exam content delivery
Spring 2		
Summer 1	Component 2	Sit exam in May
Summer 2		