

## POST 16 SUBJECT OVERVIEW

### **Post 16 Subject Overview**

The qualification is equivalent in size to two A Levels over 2 years. There will be 9 units of which 6 are mandatory and 3 are external (exams). The external assessments makeup 45% of the final grade. A broader basis of study for the sport sector will be covered compared to the Pearson BTEC L3 National Extended Certificate in Sport. The course will look at the body systems and fitness training, within the externally assessed units and the internally assessed units looking at the sports industry and specific practical sport in line with the Pearson BTEC L3 National Extended Certificate in Sport, but will also cover business in sport, which is an external assessment and sports leadership, event organisation, sports injury management and skill acquisition that are all internally assessed units.

**Name of Subject** - PE - BTEC Sport

### **Which Examination Specification is Studied for this Course?**

Pearson BTEC L3 National Diploma in Sport

### **Why should I study this course?**

Want a career in sport? This is the course for you - whether you want to become a sports coach, sports scientist or PE teacher, this qualification will lay the foundation to allow you to access your dream job. The course covers a broad basis of study for the sport sector and is designed to support progression to higher education when taken as part of a programme of study that includes other appropriate BTEC Nationals or A Levels.

### **Who is suitable to study this course?**

Students with a keen interest in sport will be ideal candidates for this course and although physical competence in sport is desirable it is not essential to the course. A high level of computer literacy is important to be able to utilise ICT when completing coursework units. An interest in science, especially human biology would be advantageous and this qualification could be studied alongside Biology and English amongst other subjects to provide a varied and balanced curriculum - this would allow students to go on to university to study any sports related course.

### **What GCSE Qualifications Support the Study of this Course?**

Studying a PE qualification will give candidates an advantage although it is not a requirement. Triple science would be a valuable qualification due to the physiological nature of the course.

### What are the Qualification Requirements for this Course?

5 GCSEs including English and Maths.

### How is the Course Delivered?

The course is run over 2 years. There are 10 hours of taught lessons per week with an expectation that students will do 10 hours of independent study to complement this. 6 out of the 9 units are coursework units and will consist of a mixture of practical and theory, with all units being submitted through Google Classroom.

#### Subject Overview

Half Term	Year 12	Year 13
Autumn 1	<b>Unit 2:</b> Fitness Training and Programming for Health, Sport and Well-being <b>Unit 4:</b> Sports Leadership  <b>Unit 23:</b> Skill Acquisition in Sport	<b>Unit 1:</b> Anatomy and Physiology
Autumn 2	<b>Unit 2:</b> Fitness Training and Programming for Health, Sport and Well-being  <b>Unit 4:</b> Sports Leadership  <b>Unit 23:</b> Skill Acquisition in Sport	<b>Unit 1:</b> Anatomy and Physiology  <b>Unit 22:</b> Investigating Business in Sport and the Active Leisure Industry
Spring 1	<b>Unit 3:</b> Professional Development in the Sports Industry  <b>Unit 4:</b> Sports Leadership	<b>Unit 1:</b> Anatomy and Physiology  <b>Unit 22:</b> Investigating Business in Sport and the Active Leisure Industry

	<b>Unit 23:</b> Skill Acquisition in Sport	
<b>Spring 2</b>	<b>Unit 3:</b> Professional Development in the Sports Industry <b>Unit 10:</b> Sports Event Management <b>Unit 23:</b> Skill Acquisition in Sport	<b>Unit 7:</b> Practical Sports Performance <b>Unit 17:</b> Sports Injury Management
<b>Summer 1</b>	<b>Unit 3:</b> Professional Development in the Sports Industry <b>Unit 10:</b> Sports Event Management <b>Unit 23:</b> Skill Acquisition in Sport	<b>Unit 7:</b> Practical Sports Performance <b>Unit 17:</b> Sports Injury Management
<b>Summer 2</b>	<b>Unit 3:</b> Professional Development in the Sports Industry <b>Unit 10:</b> Sports Event Management <b>Unit 23:</b> Skill Acquisition in Sport	<b>Unit 7:</b> Practical Sports Performance <b>Unit 17:</b> Sports Injury Management

### How is the Course Assessed?

The course is a total of 720 guided learning hours (GLH) and is split into 9 units;

<b>Unit</b>	<b>Assessment type</b>	<b>Grades available</b>
I: Anatomy and Physiology (120 GLH)	Externally assessed exam	Distinction - 32 points Merit - 20 points Pass - 12 points

		Nearly Pass - 8 points
2: Fitness Training and Programming for Health, Sport and Well-being (120 GLH)	Externally assessed exam	Distinction - 32 points Merit - 20 points Pass - 12 points Nearly Pass - 8 points
3: Professional Development in the Sports Industry (60 GLH)	Internally assessed coursework	Distinction - 16 points Merit - 10 points Pass - 6 points
7: Practical Sports Performance (60 GLH)	Internally assessed coursework	Distinction - 16 points Merit - 10 points Pass - 6 points
4: Sports Leadership (60 GLH)	Internally assessed coursework	Distinction - 16 points Merit - 10 points Pass - 6 points
10: Sports Event Management (60 GLH)	Internally assessed coursework	Distinction - 16 points Merit - 10 points Pass - 6 points
17: Sports Injury Management (60 GLH)	Internally assessed coursework	Distinction - 16 points Merit - 10 points Pass - 6 points
22: Investigating Business in Sport and the Active Leisure Industry (90 GLH)	Externally assessed exam	Distinction - 24 points Merit - 15 points Pass - 9 points

		Nearly Pass - 6 points
23: Skill Acquisition in Sport (90 GLH)	Internally assessed coursework	Distinction - 24 points Merit - 15 points Pass - 9 points
<p><b><u>Overall grade</u></b>  Distinction*, Distinction* - 180  Distinction, Distinction* - 162 points  Distinction, Distinction - 144 points  Merit, Distinction - 124 points  Merit, Merit - 104 points  Pass, Merit - 88 points  Pass, Pass - 72 points</p>		

**What is our Recommended Subject Reading list to Support your Study?**

Revise BTEC National Sport Units 1 and 2 Revision Workbook

Revise BTEC National Sport Units 1 and 2 Revision Guide  
BTEC Nationals Sport Student Book 1 Activebook