

Health and Social Care

Health and Social Care Curriculum

Health and Social Care is a course that introduces you to the specialist knowledge and skills needed to work in a variety of care settings. Underpinning the qualification, is a focus on core values and communicating with individuals so as to maintain their dignity and a sense of being valued. The content covered within this course is not only relevant to everyday life, but also gives you the chance to fully explore and understand the requirements and skills needed to work in a variety of different health, social care and early years settings.

Why is the study of Health and Social Care important?

The exam board and specification we follow is OCR Level 1/2 Cambridge Nationals in Health and Social Care. Throughout the study of this qualification, you will complete a wide variety of units that include both a practical assessment as well as written coursework. The compulsory units allow you to really submerge yourself into a health, social care and early years mindset, enabling them to think like care practitioners as well as act like them. This subject broadens horizons for you and gives a real life insight into what working in this type of profession really involves.

What skills will the study of Health and Social Care teach you?

You will grasp a variety of new skills from undertaking this subject. These include;

- valuable communication skills that are extremely attractive in the modern workplace
- an understanding of the rights of individuals and person-centred values and how to apply these when working with service users
- vital knowledge and understanding of how to protect individuals through infection prevention, safeguarding and safety and security measures
- an understanding of growth and development through the life stages
- an understanding of life events and how to support individuals through them
- transferable skills, such as evaluation, planning, presentation/delivery and research skills.

What will you know and understand from your study of Health and Social Care

You will study a variety of modules throughout the course. These include;

Mandatory

- R032 Principles of care in health and social care settings.
- R033 Supporting individuals through life stages.

Optional

- R034 Creative and therapeutic activities.
- R035 Health promotion campaigns.

Within all of these modules, you will have the chance to complete practical assessments and tasks as well as written coursework documents that solidify and evidence the knowledge you have learnt. This includes practical role play surrounding communication methods, planning and developing a health campaign and developing theoretical knowledge. Theory wise, you will complete set assignments from the exam board that include, powerpoint presentations, report style writing, completing tables and graphs as well as script writing. All of these tasks will give you the chance to excel in a number of different ways as well as gaining new skills and knowledge surrounding things you are not so confident with. By offering both practical and theory based elements, it contributes to your learning and development in a variety of ways allowing you to maximise your achievement.

How can you deepen your understanding of Health and Social Care ?

Throughout the study of this subject, you will have the chance to attend scheduled enrichment sessions within the academic year that will be tailored to your needs. Whether that be coursework catching up or preparation and revision for your exam.

How are you assessed in Health and Social Care?

There are 6 assessment points each year that we term Praising Stars©. We assess how students at their current stage of study are on track to reach their end of stage targets which are formulated on aspirational expectation from their KS2 starting points. We make an informed prediction from our holistic assessments based on our subject mapping of expectation across the Health and Social Care curriculum. Students are assessed through x2 coursework units that include elements of practical work as well as a written one hour fifteen minute exam paper which is compulsory through the exam board. Students will sit the exam in the May or June exam series at the end of the course.

Study of Health and Social Care can lead to a wide range of careers:

- Ambulance Service careers
- Careers in pharmacy
- Careers in social care
- Careers in the Allied Health Professions
- Clinical psychologist
- Dental careers
- Healthcare scientist
- Medical career - doctor
- Nursing and midwifery
- Optometrist
- Wider healthcare team

Health and Social Care Course Overview

Term	Year 1	Year 2
Autumn 1	R033 Supporting individuals through life stages. Topic area 1 Life stages	R035 Health promotion campaigns Topic area 4 Plan and create a health promotion campaign
Autumn 2	R033 Supporting individuals through life stages. Topic area 2 Impacts of life events	R032 Principles of care in health and social care settings. Topic area 1 The rights of service users in health and social care settings
Spring 1	R033 Supporting individuals through life stages. Topic area 3 Sources of support	R032 Principles of care in health and social care settings. Topic area 2 Person centred-approach
Spring 2	R035 Health promotion campaigns Topic area 1 Current public health issues and impact on society	R032 Principles of care in health and social care settings. Topic area 3 Effective communication in health and social care settings
Summer 1	R035 Health promotion campaigns Topic area 2 Factors influencing health	R032 Principles of care in health and social care settings. Topic area 4 Protecting service users and service providers in health and social care settings
Summer 2	R035 Health promotion campaigns Topic area 3 Current public health issues and impact on society	