



SUBJECT & QUALIFICATION: **Level 1/2 BTEC Tech Award in Sport**

Why is the study of Level 1/2 BTEC Tech Award in Sport important

The Pearson BTEC Level 1/Level 2 Tech Award in Sport is for students who want to acquire sector-specific applied knowledge and skills through vocational contexts. This is achieved by exploring the different types and providers of sport and physical activity and the equipment and technology available for participation as part of their Key Stage 4 learning. They will also explore the different types of participant and their needs in order to gain an understanding of how to increase participation for others in sport and physical activity and further develop their knowledge and understanding of anatomy and physiology.

Students will undertake practical sessions to develop skills in planning and delivering sports activity sessions to participants. The qualification enables students to develop their sector-specific skills, such as:

- sport analysis and sports leadership
- using realistic vocational contexts
- personal skills, such as communication, planning, time management and teamwork

This is achieved through a practical and skills-based approach to learning and assessment.

The qualification recognises the value of learning skills, knowledge and vocational attributes to complement GCSEs. The qualification will broaden learners' experience and understanding of the varied progression options available to them.

What skills will the study of Level 1/2 BTEC Tech Award in Sport teach you?

Learners will develop applied knowledge and skills in the following areas:

- investigating provisions for sport including equipment and facilities to enhance sport
- planning and delivery of sport drills and sessions
- fitness for sport including fitness testing and methodology



How can you deepen your understanding of Level 1/2 BTEC Tech Award in Sport?

The qualification builds on and uses the knowledge and skills learned in GCSEs. It has a broad focus on building knowledge and skills, including exploring the impact of technology and psychology on sport and activity. It will complement some aspects of the theoretical approach offered by GCSE Biology and GCSE Food Preparation and Nutrition, by allowing learners to apply their knowledge and skills, for example by learning how nutritional habits can impact sport and activity. Students will be taught in both practical and theoretical contexts and allow pupils to experience the demands of different roles in sport, including sports leadership, sport psychology, physiotherapy and sports technology.

What can the Level 1/2 BTEC Tech Award in Sport lead to?

Students who generally achieve at Level 2 across their Key Stage 4 learning might consider progression to:

- A Levels as preparation for entry to higher education in a range of subjects
- study of a vocational qualification at Level 3, such as a BTEC National in Sport (2016) or a BTEC National in Sport and Exercise Science (2016), which prepares learners to enter employment or apprenticeships, or to move on to higher education by studying a degree in the Sport Sciences or teaching sectors

Students who generally achieve at Level 1 across their Key Stage 4 learning might consider progression to:

- study at Level 2 post-16 in a range of technical routes designed to lead to work, to progression to employment via apprenticeships or further study at Level 3
- study at Level 2 post-16 through a technical qualification, such as the Pearson BTEC Level 2 Technical Diploma in Sport and Activity Leaders. Learners who perform well in this qualification compared to their overall performance, should strongly consider this progression route as it can lead to employment in the sport sector



How are you assessed in Level 1/2 BTEC Tech Award in Sport?

Pearson BTEC Level 1/Level 2 Tech Award in Sport				
Component number	Component title	GLH	Level	How assessed
1	Preparing Participants to Take Part in Sport and Physical Activity	36	1/2	Internal – externally moderated
2	Taking Part and Improving Other Participants Sporting Performance	36	1/2	Internal – externally moderated
3	Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity	48	1/2	External Synoptic

COURSEWORK REQUIREMENTS

The course is broken down into 3 components with component 1 and 2 being coursework based. Component 3 is assessed via external written examination. Both coursework and exam are graded allowing learners to achieve L1 Pass – L2 Distinction* based on how many points they achieve from each component.

Key Assessment Objectives

The key learning objectives for Level 1/2 BTEC Tech Award in Sport are:

Component 1- Preparing Participants to Take Part in Sport and Physical Activity

- Explore types and provision of sport and physical activity for different types of participant
- Examine equipment and technology required for participants to use when taking part in sport and physical activity
- Be able to prepare participants to take part in sport and physical activity

Internally assessed assignments = 30% of the total course:



- Throughout this component students will be assessed through a variety of methods. This could include a written report containing an opportunity for extended writing, a blog, leaflet or a PowerPoint® presentation.

Component 2- Taking Part and Improving Other Participants Sporting Performance

- Understand how different components of fitness are used in different physical activities
- Be able to participate in sport and understand the roles and responsibilities of officials
- Demonstrate ways to improve participants sporting techniques

Internally assessed (synoptic) assignment = 30% of the total course:

- Students will use their knowledge and understanding to plan and lead an engaging activity session.
- This component is designed to be synoptic (drawing together knowledge from the previous components) and taken near the end of the course.

Component 3 - Developing Fitness to Improve Participants Performance in Sport and Physical Activity

AO1: Demonstrate knowledge of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise

AO2: AO2 Demonstrate an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise

AO3: Apply an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise

AO4: Make connections with concepts, facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise

External assessment = 40% of the total course:

- This component is assessed through a written assessment set and marked by Pearson. The external assessment will be 1 hour and 30 minutes in length. The number of marks for the assessment is 60.



Study of Level 1/2 BTEC Tech Award in Sport can lead to a wide range of careers:

- PE teacher
- Sport scientist
- Physiotherapist
- Sports coach
- Sport Development Officer
- Personal Trainer
- Sports psychologist
- Sports analyst
- Sports journalist
- Sports masseuse

Level 2 BTEC Tech Award in Sport, Activity and Fitness Course Overview

Term	Year 1	Year 2
Autumn 1	Component 1	Component 2
Autumn 2	Component 1	Component 2
Spring 1	Component 1	Component 3
Spring 2	Component 1	Component 3
Summer 1	Component 1/2	Component 3
Summer 2	Component 2	Component 3