



## RELIGIOUS EDUCATION & CITIZENSHIP

### Religious Studies, Citizenship and Personal Development

#### Curriculum

Our provision for Religious Studies, Citizenship and Personal Development is coherently implemented across the Trust and importantly localised to meet the unique identity of each academy and its local community. As academies we are not required to follow the Locally Agreed Syllabus for Religious Education, however we have chosen to incorporate the key concepts from our Local Authorities where possible to best support the needs of our academy communities.

Religious Studies, Citizenship and Personal Development are taught through allocated curriculum time. Within the curriculum Religious Studies, Citizenship and Personal Development are taught, along with flexibility for academies to cover other key learning relevant to the current and emerging needs of their students and local communities.

#### Spiritual, Moral, Social and Cultural (SMSC) development and appreciation of British Values

British values and SMSC are integral parts of academy life, however by their very nature they will be addressed more frequently and in more detail during Religious Studies, Citizenship and Personal Development lessons. These areas focus on the development of the whole student and are whole academy responsibilities. Academies are conscientious in accurately *mapping* these aspects of the curriculum both across lessons and within the whole academy experience.

#### Personal, Social, and Health Education (PSHE) and Relationship and Sex Education (RSE)

From 2020 RSE is a statutory requirement in all schools in England. Our Academies *map* the requirements of RSE across subject delivery and through age appropriate guidance delivered within our tutorial and assembly programmes and calendared year group events that are delivered by external agencies and groups such as The Samaritans, the police and fire services. Subject leads ensure they are familiar with the statutory guidance and regularly check for updates or changes to the guidance. Within this curriculum there are a range of laws which students are introduced to, supporting their understanding of the modern society to which they belong.

PSHE and RSE are whole academy responsibilities so whilst a large part of this curriculum will be covered in Personal Development lessons it is not restricted to this subject but rather underpins our academies' wider curriculum delivery. Academies are conscientious in accurately mapping their compliance and regularly reflect and update this.

### **A Whole Academy Approach**

All subjects across the curriculum support the exploration of PSHE, RSE, SMSC and British Values coherently mapping appropriate aspects of this coverage to their subject schemes of work for example Rule of Law, Democracy and Individual Liberty are taught through History whilst English and the arts support the appreciation of the influences that have shaped our heritage and those of others. Our Computer Science department teaches online safety, PE fosters an awareness of physical health and fitness and Science teaches the facts about puberty, reproductive health, including fertility and the potential impact of lifestyle on fertility for men and women. By doing this we not only develop and deepen the knowledge our students have, but to also ensure that we have a coherent, consistent delivery model.

Our daily tutorial and assembly programmes support our students' personal development and understanding of these important aspects of our curriculum. A wealth of opportunities designed across the academic year provide both whole school and age appropriate events, programmes, trips and visits. We promote national and local awareness campaigns, observe local and national commemorations and celebrate diversity, empowering students to engage more widely in their personal, social, health, moral, spiritual, cultural education. At Newbold each week students complete a cultural capital session during tutor time that asks students to consider and debate the issues of the day and look at both sides of the argument. We feel this helps to develop our students into well rounded individuals, capable of contributing positively to any society across the world.

Opportunities such as our Random Acts of Kindness initiative or Student Voice and enrichment programmes operate in our academy but the causes they promote, charities they support or enrichments activities they offer are personalised to meet their students' interests and reflect their communities.

The most important and guiding factor when devising our curriculum is to ensure that our students are given all the skills, knowledge and experience they need to effectively prepare them for their future in an ever-changing world. Our intent is to equip our students as global citizens and support them in becoming an efficient and contributing member of society who is able to stay safe and care for those around them.

## Religious Studies, Citizenship and Personal Development Curriculum Overview

At Outwood Academy Newbold our curriculum allocation is as follows;

Year group	Curriculum allocation
Year 7	<ul style="list-style-type: none"><li>Life - 1 hour per week, Tutor time and assemblies</li></ul>
Year 8	<ul style="list-style-type: none"><li>Life - 1 hour per week, Tutor time and assemblies</li></ul>
Year 9	<ul style="list-style-type: none"><li>Life - 1 hour per week, Tutor time and assemblies</li></ul>
Year 10	<ul style="list-style-type: none"><li>Life - 1 hour per week, Tutor time and assemblies</li></ul>
Year 11	<ul style="list-style-type: none"><li>Tutor time and assemblies</li></ul>

### Year 7:

<b>Starting secondary school</b>	Who's who and how do I find my way around?	How do I feel today?	What are my worries and how do I overcome them?	How do we get to know each other?	Where do I get help and support?	What are my goals for the year?	What have I achieved in my first half-term?	
<b>Friendships</b>	What is a friend?	What makes a good friend?	What are my rights and responsibilities in a friendship?	How do I avoid falling out?	How can I improve my	How can I be assertive in friendships?	How do I speak to others?	

					conflict resolution skills?			
<b>Bullying</b>	What is bullying?	What are the types of bullying?	What is the impact of bullying?	What is cyber bullying?	Why do some people bully?	What problems do rumours cause?	Where to get help?	
<b>Personal hygiene and Puberty</b>	What do we mean by personal hygiene?	What are the consequences of poor hygiene?	How do I maintain oral hygiene?	What is puberty?	How is my body changing?	How is my body changing?	What are periods and the menstrual cycle?	How can I manage my periods?
<b>RSE</b>	What is online grooming?	How can I avoid being a victim of online grooming?	What is Child Sexual Exploitation?	What is Child Sexual Exploitation?	Why do people have sexual relationships?	How can I delay sexual relationships until I am ready?		
<b>Reflection</b>	Have I achieved my goals for the year?	What are my targets for next year?						

**Year 8:**

<b>Relationships</b>	What is a relationship?	What are my rights in relationships?	What are my responsibilities in relationships?	What makes a good relationship?	What happens when relationships break down?	How can I resolve conflicts?	How do I set boundaries?	
<b>Intimate relationships</b>	What is sex?	What is consent?	What are my rights in an intimate relationship?	What are my responsibilities in an intimate relationship?	What information should I share online?	What is grooming?	What is FGM?	What are the dangers of FGM?
	What does abuse look like in a relationship?	What do we mean by coercive control?	What is sexual abuse and harassment?	What is rape? And rape culture	Where do I get help and support?			
<b>How do I stay safe?</b>	What dangers are there online?	How do I avoid conspiracy theories and fake news?	What are radicalisation and extremism?	What are the consequences of radicalisation and extremism?	What are the dangers of vaping?	What are the dangers of tobacco and second hand smoke?	How do I avoid peer-pressure?	

	What is gang culture?	What are the dangers of carrying a knife?	How do I keep safe in the Sun?	How do I be a responsible pedestrian?	How do I be a responsible passenger?	How do I keep safe around water?	How do you keep safe around train lines?	What are the emergency services and how do I use them?
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<b>Equality and Diversity</b>	What is equality and diversity?	What are tolerance and respect?	What is multiculturalism?	What is a stereotype?	What impact do stereotypes have?
	What is racism?	What is sexism?	What does LGBTQ+ mean?	What is the difference between gender and sex?	What are LGBTQ+ rights?
	What is homophobia (LGBT+)?	What is anti-Muslim hate?	What is anti-Jewish hate?	What is the Equality Act?	What are protected characteristics?
	What impact does inequality have?	What are the benefits of a diverse society?	How is my area multicultural?		

**Year 9:**

<b>RSE</b>	What is consent?	What are boundaries?	What is masturbation?	What are the different types of sexual contact?	What are the different types of relationships? (LGBTQ)	What are the types of contraception?
	What are the types of contraception?	What are STI's?	What is the impact of STIs?	What is pornography	What does the law say about pornography?	What is revenge porn?
	What does the law say about revenge porn?	What is sexting?	What are the consequences of sexting?	What happens in pregnancy?	What are the choices in pregnancy?	What lifestyle choices should I make in pregnancy?
	What support is available for pregnant women?	What is a miscarriage?				
<b>Alcohol</b>	What is alcohol?	What is binge drinking?	What are the consequences of alcohol dependency?	What effect does alcohol have on the body?	What is the law on alcohol?	Why does alcohol make people take risks?
<b>Drugs</b>	What are drugs?	What are the drug classifications?	What are prescription drugs?	What is the law relating to drugs?	What are the effects of drugs?	What are the effects of drugs?
	What is spiking?	What is date rape?	What is a good night out?			

<b>Good Citizen</b>	What is identity?	What makes my identity?	What are British values?	How does a good citizen act?	How can I be a good citizen?
<b>Belonging</b>	What is a community?	What is homelessness?	What are the stereotypes of homelessness?	What is immigration?	Why do people leave one country and move to another?
	What is a refugee?	What is the current refugee crisis in X?	Should the UK accept refugees?		
<b>Volunteering</b>	What is volunteering?	What are the benefits of volunteering?	How can I stay safe when volunteering?	How else can I influence my local area?	
<b>Human Rights</b>	What are human rights?	What are children's rights?	What is humanitarian law?	What can happen when HR are ignored?	
<b>Radicalisation</b>	What is radicalisation?	What is extremism?	What is the Prevent strategy?	What is terrorism?	
<b>Culture</b>	What is a cult?	What is cultural appropriation?			



<b>Mental Wellbeing</b>	What is self-awareness?	What is sensitivity?	What is depression?	What is anxiety?	How can I improve my mental health?	
	What is self-harm?	What is suicide?	What are the links between drugs and suicide?	What is bereavement?	How can I manage my emotions?	
<b>Healthy Lifestyle</b>	What makes up a healthy diet?	What is the eat well plate?	How much sugar and caffeine and sugar should I consume?	What are eating disorders?	What are the causes, symptoms and effects of anorexia?	Why is exercise Important?
	How can I reduce my screen time?	Why is sleep important?	What is body image?	How can people decorate their bodies?	Are tattoos and piercings a good thing?	

#### Year 10:

<b>Crime</b>	What are gangs and how do I avoid them?	What are the consequences of knife crime?	What are county lines?	What is hate crime?	What is cybercrime?
	What are the aims of punishment?	How can crimes be punished in the UK?	How are young offenders treated?		
<b>Personal Safety</b>	What is radicalisation?	What is trafficking?	What is exploitation?	What is forced marriage?	What is honour based violence?

<b>Drugs</b>	What are the dangers associated with energy drinks?	What are the dangers associated with vaping and nicotine addiction?	What is alcohol?	What are the dangers associated with binge drinking?	What are the different drug classifications?
	What is the law on drugs in the UK?	What are the dangers of prescription drugs?			
<b>Body Image and Health</b>	What is cancer?	Who can be affected by cancer?	How do I check for cancer?	What is fertility?	What can impact reproductive health?
	What is menopause?	What is immunisation?	What is the anti-vax movement?	What is blood and organ donation?	What is body image?
	Is what I see on social media real?	What is selfie culture?	What is body shaming?	Should I be listening to influencers?	
<b>First Aid</b>	Common injuries	CPR	Defibrillators		

## Religious Studies Curriculum Overview

Year 7	What is religion?	How have religions developed? East vs West, religion in the UK	What is morality? What does it mean to different people?	How do different people think we should interact with the environment?	What can we learn from places of worship?	
Year 8	Why believe in God?  Add in atheism, humanism		Do you have to be religious to be inspirational?		How diverse are religious festivals? Cultural vs practising religious	What is the quest for Historical Jesus? What are sources of wisdom and what can we learn from them? Bibs literacy
Year 9	What is a religion and a belief system?	Death- is it the end?		Is religion and science compatible? Link in abortion and euthanasia	Does the media support religious stereotypes? Propaganda images	
Year 10	What is philosophy and ethics? (arguments for God)	Do we have freewill? Evil and suffering	What does religion teach about crime and punishment?	What is a family?	How are countries governed?	What do religions believe about war?