

WJEC Level 1/2 in Hospitality and Catering

Why is the study of Hospitality and Catering important?

Hospitality and Catering is an essential subject for all whether you are a budding chef, an interested amateur cook or you would like to work in the hospitality industry. This course covers a cross section of the Hospitality and Catering industry combining practical skills and knowledge to give a well-rounded understanding of the industry and the potential it can offer for further careers or study.

Employment in this industry can range from chefs, waiting staff, receptionists and managers. According to the British Hospitality Association this is Britain's fourth largest industry, since 2010 over 25% of all new jobs have been in the Hospitality and Catering Industry with a large proportion of new roles going to 18-24 year olds.

Additionally you will develop your organisational skills learning how to work as part of a team becoming a good communicator and time manager. Successful completion of this qualification could support entry to qualifications that develop specific skills for work in hospitality and catering such as:

- Level 1 Certificate in Introduction to Professional Food and Beverage Service Skills
- Level 2 Certificate in Professional Food and Beverage Service Skills
- Level 2 NVQ Diploma in Professional Cookery
- Level 3 Food Science and Nutrition
- Hospitality, Tourism and Event Management Degree
- International Hospitality Management Degree

What skills will the study of Hospitality and Catering teach you?

You will develop a range of skills including food preparation and cooking skills using a variety of ingredients, as well as transferable skills of problem solving, organisation, time management, planning and communication. You will also develop skills of project based research, development and presentation.

What will you know and understand from

your study of Hospitality and Catering?

The course consists of 2 units, unit 1 exam revision providing a good understanding of a cross section of the Hospitality and Catering industry. Unit 2 controlled assessment which has a focus on nutrition, menu planning and cookery skills.

How will I be assessed?

UNIT 1

L01 - Understand the environment in which hospitality and catering providers operate content includes : types of provider, types of service, commercial establishments, non-commercial catering establishments, services provided, suppliers, contract catering, standards and rating, job roles within the industry, supply and demand, jobs for specific needs, rates of pay, training, qualifications and experience, personal attributes, employment contracts, working hours, rates of pay, holiday entitlement, remuneration, and the factors affecting the success of catering providers.

L02 - Understand how hospitality and catering provision operates content includes : kitchen layout, workflow, operational activities, equipment and materials, stock control, documentation and administration, staff allocations, dress code, safety and security and how hospitality and catering provision meet customer requirements.

L03 - Understand how hospitality and catering provision meet health and safety requirements content includes: personal safety responsibilities in the workplace including a range of health and safety regulations, risks to personal safety, and personal safety control measures.

L04 - Know how food can cause ill health content includes: food related causes of ill health (bacteria, microbes, chemical, metals, poisonous plants, allergies and intolerances. The role and responsibilities of the environmental health officer and food safety legislation (Food Safety Act, Food labelling Regulations and general food hygiene regulations). Common types of food poisoning and the symptoms of food induced ill health.

L05 - Be able to propose a hospitality and catering provision to meet specific requirements content includes review and recommending options for hospitality and catering provision.

UNIT 2

The applied purpose of the unit is for learners to safely plan, prepare, cook and present nutritional dishes.

L01 - Understand the importance of nutrition when planning menus content includes: functions of nutrients in the human body (protein, fat, carbohydrates, vitamins, minerals, water and dietary fibre (NSP). Nutritional needs of specific groups. Characteristics of unsatisfactory intake including visible and non visible. How cooking methods impact upon nutritional value discussing boiling, steaming, baking, grilling, stir-frying, roasting and poaching.

L02 - Understand menu planning content includes factors to consider when proposing menus: time of year, skills of staff, equipment and time available, type of provision, finance and client base. How dishes on a menu address environmental issues such as preparation and cooking methods, ingredients used, packaging, conservation of energy and water, reduce, reuse, recycle and sustainability. How menu dishes meet customer needs (nutritional, organoleptic and cost. Plan production of dishes for a menu to include mise-en-place, time plan, shopping and equipment lists.

L03 - Be able to cook dishes using techniques including weighing and measuring, chopping, shaping, peeling, whisking, melting, rub in, sieving, segmenting, slicing, hydrating, blending in preparation of commodities (poultry, meat, fish, eggs, dairy products, flour, rice, pasta, vegetables, fruit and soya products). Quality of commodities to be used in food preparation, techniques in cooking of commodities to include boiling, blanching, poaching, braising, steaming, baking, roasting, grilling, frying, chilling, cooling and hot holding. Students will be expected to use presentation techniques including portion control, position on serving dish, garnish and creativity. Finally the use of food safety practices in relation to the preparation and cooking of commodities and use of equipment.

How can you deepen your understanding of Hospitality and Catering?

Examples of organisations that may be approached to provide help include: contract caterers, hotels and accommodation providers, catering providers, local authorities, health and safety professionals, tourist attractions, sports venues, kitchen

designers, catering suppliers, catering equipment manufacturers.

Resources

www.hse.gov.uk/catering

www.hodderplus.co.uk/catering/pc/extra1.pdf

www.slideshare.net/carowilli/types-of-catering-establishments

www.greenhotelier.org

Green Hotelier – practical solutions for responsible tourism.

www.instituteofhospitality.org

The Institute of Hospitality is the professional body for the hospitality, leisure and tourism industries.

www.ons.gov.uk

Office for National Statistics – trends and population information.

www.people1st.co.uk

The sector skills council for hospitality, leisure, travel and tourism.

www.springboarduk.net

Springboard UK – hospitality careers and industry information.

www.sustainability.com

Case studies of hospitality businesses and sustainability.

www.towards-sustainability.co.uk

Close look at a range of sustainability issues and further links.

www.bha.org.uk

The British Hospitality Association is the leading representative organisation in the hospitality industry, representing hotels, restaurants and food service providers.

www.bighospitality.co.uk

Comprehensive site including current hospitality news, features, video links and other general information.

www.catererandhotelkeeper.co.uk

For hospitality news and copies of the Caterer and Hotelkeeper magazine.

How are you assessed in Hospitality and Catering?

There are 6 assessment points each year that we term Praising Stars®. We assess how students at their current stage of study are on track to reach their end of stage targets which are formulated on aspirational expectation from their KS2 starting points. We make an informed prediction from our holistic assessments based on our subject mapping of expectation across the Level 1/2 Hospitality and Catering curriculum.

WJEC Level 1/2 in Hospitality and Catering				
Unit Number	Unit Title		Assessment	Guided Learning Hours
1	The Hospitality and Catering Industry - Onscreen/ Paper based assessment	Mandatory	External	48
2	Hospitality and Catering in Action	Mandatory	Internal	72

Key Assessment Objectives

UNIT 1 (Externally assessed 40% of the overall grade) L01

- understand the environment in which hospitality and catering providers operate.

L02 - Understand how hospitality and catering provisions operate.

L03 - Understand how hospitality and catering provision meets health and safety requirements.

L04 - Know how food can cause ill health.

L05 - Be able to propose hospitality and catering provision to meet specific requirements.

UNIT 2 (Internally assessed 60% of the overall grade) L01 -

Understand the importance of nutrition when planning menus.

L02 – Understand menu planning

L03 – Be able to cook dishes.

Study of Hospitality and Catering can lead to a wide range of careers:

Waiting staff

Chefs (head, sous, pastry etc)

Receptionist

Hotels and bar managers

Events manager

Food technologists

Below is an example subject overview, schools may choose to deliver in a different sequence.

WJEC Level 1/2 in Hospitality and Catering Course Overview		
Term	Year 1	Year 2
Autumn 1	Developing cooking skills links to Unit 1 content where appropriate. <ul style="list-style-type: none"> • Function of nutrients • Compare nutritional needs of specific groups. • Characteristics of unsatisfactory intake. • How cooking methods impact upon nutritional value. 	Controlled Assessment. <ul style="list-style-type: none"> • Functions of nutrients. • Compare nutritional needs of specific groups. • Characteristics of unsatisfactory intake. • How cooking methods impact upon nutritional value.
Autumn 2	Developing cooking skills links to Unit 1 content where appropriate. <ul style="list-style-type: none"> • Factors to consider when planning menus. • How dishes on a menu address environmental issues. 	Controlled Assessment. <ul style="list-style-type: none"> • Factors to consider when planning menus. • How dishes on a menu address environmental issues. FINAL PRACTICAL EXAM

<p>Spring 1</p>	<p>Developing cooking skills links to Unit 1 content where appropriate.</p> <ul style="list-style-type: none"> • How menu dishes meet customer needs. • Plan production of dishes for a menu. 	<p>Revision for exam to include:</p> <p>LO1 understands the importance of nutrition when planning menus.</p> <ul style="list-style-type: none"> • AC1.1 - structure of the H&C industry. • AC1.2 Job requirements. • AC1.3 working conditions of different job roles across the H&C • AC1.4 factors affecting the success of H&C providers <p>L02 - Understand how hospitality and catering provision operates</p> <ul style="list-style-type: none"> • AC2.1 Operation of the kitchen. • AC2.2 Operation of the front of house. • AC2.3 How H&C provision meets customer requirements.
<p>Spring 2</p>	<p>Developing cooking skills links to Unit 1 content where appropriate.</p> <p>Mock controlled assessment.</p> <ul style="list-style-type: none"> • L01 understand the importance of nutrition when planning menus • L02 understands menu planning. 	<p>Revision for exam to include:</p> <p>Understand how hospitality and catering provision meets health and safety requirements.</p> <ul style="list-style-type: none"> • AC3.1 Personal safety responsibilities in the workplace. • AC3.2 Risks to personal safety in H&C. • AC3.3 Recommend personal safety control measures for H&C provision.
<p>Summer 1</p>	<p>Developing cooking skills links to Unit 1 content where appropriate.</p> <p>Mock controlled assessment.</p> <ul style="list-style-type: none"> • L01 understand the importance of nutrition when planning menus. • L02 understand menu planning. 	<p>Revision for exam to include:</p> <p>L04 - Know how food can cause ill health.</p> <ul style="list-style-type: none"> • AC4.1 food related causes of ill health. • AC4.2 role and responsibilities of the EHO. • AC4.3 food safety legislation. • AC4.4 common types of food poisoning. • AC4.5 symptoms of food induced ill health.
<p>Summer 2</p>	<p>Mock controlled assessment.</p> <ul style="list-style-type: none"> • L01 understand the importance of nutrition when planning menus. • L02 understand menu planning. • L03 cook dishes (2, 2 hour lessons) 	<p>Revision for exam to include:</p> <p>L05 - Be able to propose a hospitality and catering provision to meet specific requirements content includes review and recommending options for hospitality and catering provision.</p> <ul style="list-style-type: none"> • AC5.1 review options for H&C provision. • AC5.2 recommend options for hospitality provision.